

**XVII CARREIRA NOCTURNA CONCELLO DE VILAGARCÍA DE AROUSA, Vilagarcía de Arousa 31/07/2021**

Proba Absoluta. Distancia: 10.000 m



Pto	Dorsal	Nome	Sx	PtoCat	Tempo	RitmoKm	km 3,33	km 6,67	Licenza	Club	Localidade
1	198	GUSTAVO SANTIAGO FERNÁNDEZ		SNM- 1	00:32:06	00:03:13	00:10:44	00:21:23		MILER RUNNING CLUB	MARIN
2	194	JORDI CARRASCO NUÑEZ		MSBM- 1	00:33:29	00:03:21	00:11:10	00:22:18	GA83	SD COMPOSTELA ATLETISMO	MORAÑA
3	196	JACOBO CREGO FERNANDEZ		MSAM- 1	00:33:36	00:03:22	00:11:04	00:22:17			CALO - TEO
4	200	JORGE TORRES TORRES		MSAM- 2	00:33:56	00:03:24	00:11:25	00:22:46			PORTONOVO
5	173	JUAN FRANCISCO FERNANDEZ LIJO		MSBM- 2	00:34:03	00:03:25	00:11:08	00:22:35		POR AMOR AL ARTE	RIVEIRA
6	205	JAVIER FERNANDEZ FERNANDEZ		MSAM- 3	00:34:51	00:03:30	00:11:02	00:22:52		TRIATLÓN VILAGARCIA	VILAGARCIA DE AROUSA
7	197	ROI ESTÉVEZ JUEGUEN		SUB20/23M- 1	00:34:52	00:03:30	00:11:17	00:23:06		CLUB ATLETISMO SANTIAGO	VILANOVA DE AROUSA
8	158	FERNANDO FRANCISCO FERNÁNDEZ MARTÍNEZ		MSBM- 3	00:34:54	00:03:30	00:11:22	00:23:05	GA9054	CLUB ATLETISMO BRIÓN - HYUPERSA SANTIAGO	MILLADOIRO AMES
9	179	LUCAS POUZO VIDAL		MSAM- 4	00:35:03	00:03:31	00:11:19	00:23:08		C.A. CAMBADOS - SEGUROS NOVAL	VILANOVA DE AROUSA
10	188	OSCAR GUERRA MAGAN		MSAM- 5	00:35:06	00:03:31	00:11:19	00:23:12		CLUB ATLETISMO CAMBADOS SEGUROS NOVAL	CAMBADOS
11	185	PABLO SANTOS NUÑEZ		MSAM- 6	00:35:17	00:03:32	00:11:17	00:23:24	NO	CLUB ATLETISMO CAMBADOS	VILANOVA DE AROUSA
12	193	MAXI OUBIÑA FALCON		MSAM- 7	00:35:31	00:03:34	00:11:36	00:23:28		C.A. CAMBADOS - SEGUROS NOVAL	CAMBADOS
13	191	DIEGO SANTIAGO REY		SNM- 2	00:35:35	00:03:34	00:11:39	00:23:39		TRIATLON VILAGARCIA	VILAGARCIA DE AROUSA
14	180	ROBERTO MARTÍNEZ CASTRO		MSAM- 8	00:35:35	00:03:34	00:11:39	00:23:34	327019215	CLUB DEPORTIVO PINARIUM	FERROL
15	190	JOSE LUIS AMENEIROS GOMEZ		SNM- 3	00:35:39	00:03:34	00:11:36	00:23:29		C.A.CAMBADOS - SEG.NOVAL	SANXENXO
16	167	JOSÉ SANDÁ		MSAM- 9	00:35:56	00:03:36	00:11:59	00:24:05		SD COMPOSTELA ATLETISMO	SANTIAGO
17	195	RODRIGO BERMÚDEZ SOLIÑO		SNM- 4	00:35:59	00:03:36	00:12:10	00:24:10		CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	CANGAS
18	181	DIEGO NEGRO RODRÍGUEZ		MSAM- 10	00:36:05	00:03:37	00:12:05	00:24:11			VILAGARCÍA DE AROUSA
19	192	PEDRO PABLO OUTERELO COUSIÑO		MSBM- 4	00:36:06	00:03:37	00:11:58	00:24:07		CLUB TRIATLON VILAGARCIA	VILAGARCIA DE AROUSA
20	177	FRANCISCO RAMON OUBIÑA DIOS		MSBM- 5	00:36:12	00:03:38	00:11:55	00:24:08		CAMBADOS	ILLA DE AROUSA
21	70	JUAN LUIS GARCIA MENIÑO		SNM- 5	00:36:16	00:03:38	00:12:01	00:24:13		C.A CAMBADOS- NOVAL	PONTEVEDRA
22	166	MIGUEL IGLESIAS AMORES		SNM- 6	00:36:33	00:03:40	00:12:00	00:24:14		ATLETISMO ARENTEIRO	VEDRA
23	159	PEDRO PABLO BERNÁRDEZ FERREIRÓS		MSBM- 6	00:36:34	00:03:40	00:12:01	00:24:17		CLUB ATENAS RUNNING VILAGARCÍA	VILAGARCÍA DE AROUSA
24	91	FRANCISCO JOSE BESADA FILGUEIRAS		MSAM- 11	00:36:34	00:03:40	00:12:05	00:24:22		CLUB DEPORTIVO BRIÓN HYUPERSA SANTIAGO	BERTAMIRANS -AMES
25	164	MANUEL COSTA CASTRO		MSBM- 7	00:36:40	00:03:40	00:11:59	00:24:21		CLUB ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
26	98	FERNANDO BERNAL LOPEZ		MSBM- 8	00:36:42	00:03:41	00:12:00	00:24:09			SANTIAGO
27	67	CRISTIAN BESADA IGLESIAS		MSAM- 12	00:36:53	00:03:42	00:12:11	00:24:38		TRIATLÓN VILLAGARCIA	ILLA DE AROUSA
28	151	DAVID CHAS ÁLVAREZ		SNM- 7	00:37:04	00:03:43	00:12:19	00:24:36			A CORUÑA
29	161	LUCAS GARCIA IGLESIAS		MSAM- 13	00:37:16	00:03:44	00:12:21	00:24:44		TRIATLON VILAGARCIA	ILLA DE AROUSA
30	150	IVÁN VÁZQUEZ GARCÍA		SNM- 8	00:37:21	00:03:45	00:12:28	00:25:01		TRIATLÓN VILAGARCIA	VILAGARCIA DE AROUSA
31	182	RAMÓN CANOSA CASTIÑEIRA		MSBM- 9	00:37:30	00:03:45	00:12:06	00:24:36	AG-765438	SAR-VERMU PETRONI	CÉE
32	146	ALAN SARDINERO GONZALEZ		SNM- 9	00:37:35	00:03:46	00:12:26	00:25:04		CLUB DEPORTIVO PINARIUM	MARIN
33	157	JOSE MANUEL MORAIS DE LA IGLESIA		SNM- 10	00:37:38	00:03:46	00:12:18	00:24:55			SALCEDA DE CASELAS
34	168	OSCAR FRESNEDO ARIAS		MSAM- 14	00:37:49	00:03:47	00:12:26	00:25:05		CLUB CORREDORES BECERREÁ	VILABOA (CULLEREDO)
35	176	GERARDO CACHAFEIRO GARCÍA		SNM- 11	00:37:53	00:03:48	00:12:05	00:24:51	GA16846	SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
36	147	JAVIER L. CAPÓN		MSBM- 10	00:37:54	00:03:48	00:12:37	00:25:14	AG2800	MILER RUNNING CLUB	PONTEVEDRA
37	178	MARTIN ESTEVEZ ESTEVEZ		MSAM- 15	00:38:05	00:03:49	00:12:40	00:25:26		CLUBE ATLETISMO "CORREDOIRAS - TORVIGO"	CANGAS DEL MORRAZO
38	89	ALEJANDRO RODRIGUEZ TRUJILLO		SNM- 12	00:38:13	00:03:50	00:12:45	00:25:40			VILAGARCÍA DE AROUSA
39	156	GONZALO RODRIGUEZ LÓPEZ		MSBM- 11	00:38:18	00:03:50	00:12:08	00:25:11		ASOCIACIÓN DEPORTIVA C.A.R	REDONDELA
40	171	FRANCISCO JAVIER CASTRELO CONDE		MSAM- 16	00:38:22	00:03:51	00:12:34	00:25:31		TRIATLON VILAGARCIA	VILAGARCIA DE AROUSA
41	202	ALBERTO AGÍS GRAÑA		MSAM- 17	00:38:26	00:03:51	00:12:58	00:25:43		CLUB CICLISMO TRIATLON POIO	SANXENXO
42	122	JUAN RIVAS CASTRO		MSCM- 1	00:38:28	00:03:51	00:12:27	00:25:20	AG-2022639	C. A. CAMBADOS-SEG. NOVAL	CAMBADOS
43	199	JORGE PEREIRA PINTO		MSCM- 2	00:38:29	00:03:51	00:12:26	00:25:29	AG2022086	ADN RUNNERS-TELMO PELUQUEROS F.C.	VIGO
44	165	DAVID LÓPEZ GARRIDO		MSAM- 18	00:38:32	00:03:52	00:12:33	00:25:37			VIGO
45	140	FRANCISCO JAVIER ALLO ARAGUNDE		SNM- 13	00:38:47	00:03:53	00:12:49	00:25:57		PUNTA CABALO AROUSA RUNNERS	ILLA DE AROUSA
46	123	JOSÉ ALBERTO FERNÁNDEZ GÓMEZ		MSAM- 19	00:38:52	00:03:54	00:12:41	00:25:40		KORPOREARENTEIRO TRAIL	PIÑOR
47	162	DIONISIO MUÑOZ GONZALEZ		MSAM- 20	00:39:02	00:03:55	00:12:39	00:25:51	AG11197	CAMBADOS SEGUROS NOVAL	CAMBADOS
48	154	SAMUEL RUIZ-GIMÉNEZ IGLESIAS		MSAM- 21	00:39:11	00:03:56	00:13:00	00:26:22		INDEPENDIENTE	O VICEDO

49	183	JOSE ANTONIO BURGOS REY	MSBM- 12	00:39:16	00:03:56	00:12:48	00:26:10		ATLETISMO PORRIÑO	TOMIÑO
50	172	ÓSCAR GARCÍA PIÑEIRO	SNM- 14	00:39:28	00:03:57	00:12:48	00:25:59		RUNNING MORRAZO	CANGAS
51	152	LORENZO J. LORENZO ESTÉVEZ	MSBM- 13	00:39:31	00:03:58	00:13:03	00:26:18			CANGAS
52	174	JAVIER TORO MONTERO	MSCM- 3	00:39:33	00:03:58	00:13:04	00:26:28	GA 14096	VERXEL NUTRICIÓN DEPORTIVA	LUGO
53	153	HUGO DURAN ALVAREZ	MSAM- 22	00:39:40	00:03:58	00:13:06	00:26:22			PONTEVEDRA
54	94	ALBERTO ALVAREZ BOUZAS	SNM- 15	00:39:51	00:04:00	00:12:38	00:26:15		CLUB DE ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
55	57	JOSE MANUEL GARCIA GOMEZ	MSAM- 23	00:39:55	00:04:00	00:12:59	00:26:30			VILLARRODIS-ARTEIXO
56	149	SEGUNDO NAVIA GIRALDEZ	MSAM- 24	00:40:12	00:04:02	00:13:17	00:26:43		TRIATLON VILLAGARCÍA	VILAGARCÍA DE AROUSA
57	112	MIGUEL ÁNGEL SANTIAGO PEREIRA	MSBM- 14	00:40:16	00:04:02	00:13:15	00:26:51		CLUB DEPORTIVO PINARIUM	MARIN
58	64	CARLOS OTERO IGLESIAS	SNM- 16	00:40:20	00:04:02	00:13:22	00:27:09		TRIATLON VILAGARCIA	VILLAGARCIA DE AROUSA
59	135	JOSE CARLOS MERA RODRÍGUEZ	MSBM- 15	00:40:21	00:04:03	00:13:12	00:26:46		PONTE A CORRER	PONTEVEDRA
60	163	MARIO GONZALEZ FREIRE	MSCM- 4	00:40:31	00:04:04	00:13:29	00:27:09	AG 2022510	CLUB DEPORTIVO BRION	BRION
61	114	DAVID SANTOS TEJELO	MSAM- 25	00:40:38	00:04:04	00:13:22	00:26:58		VGARUNNERS	VILAGARCIA DE AROUSA
62	137	SABINO ALVAREZ FIGUEROA	MSAM- 26	00:40:48	00:04:05	00:13:41	00:27:28		ASOCIACIÓN DEPORTIVA C.A.R	REDONDELA
63	148	DANIEL SUSO SÁNCHEZ	SNM- 17	00:40:49	00:04:05	00:13:25	00:27:05		COMANDO NORTE	CULLEREDO
64	69	ISIDRO GARCÍA MENIÑO	SNM- 18	00:40:53	00:04:06	00:13:23	00:27:09		CAMPUS TERRA	BARRANTES
65	113	ALVARO CAROU	MSAM- 27	00:40:55	00:04:06	00:13:26	00:27:12		VGA RUNNERS	VILAGARCÍA DE AROUSA
66	170	GERMAN MORENZA DOFORNO	MSCM- 5	00:41:00	00:04:06	00:13:01	00:27:22		CLUB DEPORTIVO PINARIUM	MARIN - PONTEVEDRA
67	169	LUIS MIGUEL CANCELA GONZALEZ	MSBM- 16	00:41:04	00:04:07	00:13:24	00:27:18		RUNGALICIA.COM	MORAÑA
68	133	JOSÉ ANTONIO ARAGUNDE DIESTE	MSBM- 17	00:41:08	00:04:07	00:13:31	00:27:35		TRIATLON VILAGARCÍA/ATENAS RUNNING VDA	VILAGARCÍA DE AROUSA
69	87	ELOY GONZALEZ PIÑEIRO	SNM- 19	00:41:10	00:04:07	00:13:16	00:27:01			VILANOVA DE AROUSA
70	119	JOSÉ MANUEL MIRANDA VIEITO	MSAM- 28	00:41:17	00:04:08	00:13:23	00:27:09		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	PORRIÑO
71	132	JOSE BUCETA CARRERA	MSAM- 29	00:41:36	00:04:10	00:13:44	00:27:43			VILAGARCIA DE AROUSA
72	127	JESÚS COUSO GARCIA	MSAM- 30	00:41:38	00:04:10	00:13:31	00:27:28		CLUB ATLETISMO NEGREIRA	NEGREIRA
73	201	ANTONIO MATALOBOS BUSTELO	MSAM- 31	00:41:42	00:04:11	00:14:09	00:28:15	GA9051	CLUB ATLETISMO BRIÓN - HYUPERSA SANTIAGO	A ESTRADA
74	71	BERNA PIÑEIRO ABALO	MSAM- 32	00:41:42	00:04:11	00:13:22	00:27:25	TRIATLON	TRIATLON VILAGARCIA	VILAGARCÍA DE AROUSA
75	139	FRANCISCO JOSÉ TRIGO SILVA	SUB20/23M- 2	00:41:44	00:04:11	00:14:03	00:28:12		JUDO CLUB SENIN	CAMBADOS
76	138	ANDRES SENIN DOMINGUEZ	MSBM- 18	00:41:44	00:04:11	00:14:03	00:28:12		JUDO CLUB SENIN	VILLAGARCIA DE AROSA
77	29	MANUEL GONZALEZ LAINS	MSBM- 19	00:41:45	00:04:11	00:13:51	00:27:57		PICHO	MARIN
78	115	CARLOS SANTOS TEJELO	MSAM- 33	00:41:56	00:04:12	00:13:27	00:27:13		VGARUNNERS	VILLAGARCIA
79	142	JUAN LUIS BOTANA MOSQUERA	MSAM- 34	00:42:05	00:04:13	00:14:02	00:28:06	AG2020341	SD COMPOSTELA ATLETISMO	OROSO
80	141	BASILIO CAMIÑA UCHA	SNM- 20	00:42:11	00:04:14	00:13:50	00:27:52			MEAÑO
81	204	CARLOS RUIZ GARCÍA	MSCM- 6	00:42:22	00:04:15	00:13:53	00:28:06		PONTE A CORRER	POIO
82	111	JOSE IGNACIO ZAS SANDE	SNM- 21	00:42:32	00:04:16	00:14:03	00:28:26		CLUB ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
83	105	IVAN ROMERO NUÑEZ	SNM- 22	00:42:45	00:04:17	00:14:06	00:28:24			VILAGARCIA DE AROUSA
84	129	SAMUEL RAMÍREZ RODRÍGUEZ	MSAM- 35	00:42:55	00:04:18	00:14:02	00:28:34		CLUBE ATLETISMO FENE	FENE
85	88	DAVID FERNANDEZ ARGUL	SUB20/23M- 3	00:42:57	00:04:18	00:15:00	00:28:56		CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
86	51	LUIS MIGUEZ MIGUEZ	MSAM- 36	00:42:57	00:04:18	00:13:35	00:28:05		CASTROSUA TRAIL RUNNING	SANTIAGO DE COMPOSTELA
87	118	MIGUEL ABREU FERNÁNDEZ	MSCM- 7	00:42:58	00:04:18	00:14:05	00:28:28	34870415T	TANINOS RUNNERS PONTEAREAS	SALVATERRA DE MIÑO
88	62	JOSE ARIAS DIZ	MSAM- 37	00:43:01	00:04:19	00:13:44	00:28:18			VILAGARCIA DE AROUSA
89	56	MANUEL VAZQUEZ OSORIO	MSBM- 20	00:43:13	00:04:20	00:14:28	00:29:05		TRAN TRAN	VILANOVA DE AROUSA
90	36	PABLO BLANCO ABOLLO	SNM- 23	00:43:33	00:04:22	00:14:40	00:29:08			CASTRO CUMEIRO (VILA DE CRUCES)
91	110	PEDRO ALONSO VÁZQUEZ	MSAM- 38	00:43:35	00:04:22	00:13:48	00:28:33		CLUB DEPORTIVO PINARIUM	PONTEVEDRA
92	38	ARTURO PIÑEIRO RODRÍGUEZ	SNM- 24	00:43:36	00:04:22	00:14:33	00:29:06			REDONDELA
93	49	MARTINA LÓPEZ GESTAL	F- 1 SNF- 1	00:43:36	00:04:22	00:14:20	00:29:00		TRIATLON ARCADE INFORHOUSE SANTIAGO	VILAGARCÍA DE AROUSA
94	186	AMANCIO RAÑA RECOUSO	MSAM- 39	00:43:39	00:04:22	00:14:32	00:29:16		CLUB ATLETISMO TAMBRE	OROSO
95	82	JOSE LUIS VAZQUEZ MEIJIDE	MSBM- 21	00:43:39	00:04:22	00:14:43	00:29:12		TRAN-TRAN	VILAGARCIA DE AROUSA
96	43	ANTÓN CORDAL BARREIRO	MSAM- 40	00:44:02	00:04:25	00:14:22	00:29:09		CLUB ATLETISMO CAMBADOS	CAMBADOS
97	65	ANGELES IGLESIAS SANTIAGO	F- 2 MSBF- 1	00:44:07	00:04:25	00:14:23	00:29:15		MORAÑA EN RUTA	PONTEVEDRA
98	101	SEVERINO ABALO LAFUENTE	SNM- 25	00:44:12	00:04:26	00:13:57	00:28:51			VILAGARCIA DE AROUSA
99	54	FRANCISCO JAVIER DOMINGUEZ ZUFIAURRE	MSBM- 22	00:44:40	00:04:28	00:14:34	00:29:40			O,CARBALLIÑO
100	45	MARISÉ ASTORGA SOMOZA	F- 3 MSBF- 2	00:44:42	00:04:29	00:14:51	00:29:44		PONTE A CORRER	POIO
101	52	EVA DE LA FUENTE IGLESIAS	F- 4 MSBF- 3	00:44:44	00:04:29	00:14:25	00:29:32		CLUB DEPORTIVO BRIÓN HUPERSA SANTIAGO	SANTIAGO

102	117	ANGEL GARCIA CUEVAS		MSBM- 23	00:44:49	00:04:29	00:14:13	00:29:16		PONTEVEDRA
103	128	ANGEL MANUEL RODAL DIZ		MSBM- 24	00:44:51	00:04:30	00:14:37	00:29:45	CLUB DEPORTIVO PINARIUM	MARIN
104	50	JOSEFA TRABAZO GARCIA	F- 5	MSBF- 4	00:44:54	00:04:30	00:15:00	00:29:58	PONTE A CORRER	PONTEVEDRA
105	63	ALFONSO BARREIRO PADI		MSCM- 8	00:44:58	00:04:30	00:14:25	00:29:25	C. D. RIA DE AROUSA	O GROVE
106	96	JORGE ESTÉVEZ PAZ		MSBM- 25	00:45:09	00:04:31	00:15:33	00:30:50		VILANOVA DE AROUSA
107	124	BERNARDO ALONSO ESCAÑO		MSCM- 9	00:45:19	00:04:32	00:14:31	00:30:05	CLUB DEPORTIVO PINARIUM	PONTEVEDRA
108	106	CLAUDIO VERA SANMARTIN		MSBM- 26	00:45:42	00:04:35	00:14:46	00:30:19	AG11196 C.A. CAMBADOS - SEG. NOVAL	DENA-MEAÑO
109	85	ALBERTO FIGUEIRAS VICENTE		MSBM- 27	00:45:54	00:04:36	00:15:10	00:30:37	GRUPO CASTROSUA	VILLAGARCIA DE AROSA
110	61	RAMÓN DOMÍNGUEZ CASTRO		MSBM- 28	00:45:57	00:04:36	00:15:16	00:30:39		MEAÑO
111	42	MARÍA AURORA GONZÁLEZ FERNÁNDEZ	F- 6	MSBF- 5	00:46:02	00:04:37	00:15:06	00:30:26	CLUB DEPORTIVO PINARIUM	MARÍN
112	108	TANIA DOMINGUEZ FERREIRA	F- 7	MSAF- 1	00:46:08	00:04:37	00:14:51	00:30:34	PONTE A CORRER	PONTEVEDRA
113	130	RAFAEL MILLAN GOMEZ		MSAM- 41	00:46:29	00:04:39	00:14:49	00:30:37	CLUB CICLISMO TRIATLON POIO	PONTEVEDRA
114	72	GUILLERMO MANEIRO OTERO		MSBM- 29	00:47:05	00:04:43	00:15:31	00:31:16	TRIATLON VILAGARCIA	VILAGARCIA DE AROUSA
115	107	GONZALO PAZOS GONZALEZ		MSCM- 10	00:47:15	00:04:44	00:14:53	00:30:51	PONTE A CORRER	PONTEVEDRA
116	35	FRANCISCO RODRIGUEZ RODRIGUEZ		MSCM- 11	00:47:29	00:04:45	00:16:02	00:31:51	PINARIUM	MARIN
117	100	BENITO GONZÁLEZ VARELA		MSCM- 12	00:47:43	00:04:47	00:14:52	00:31:26	TAMBRE	SANTIAGO DE COMPOSTELA
118	74	DAVID PENA SILVA		MSAM- 42	00:47:45	00:04:47	00:16:05	00:32:04	TRAN TRAN	VILAGARCIA DE AROUSA
119	41	JUAN LUIS BOTANA FERREIRO		MSCM- 13	00:48:11	00:04:50	00:16:08	00:32:10	AG2025691 SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
120	66	ANGELES SÁNCHEZ NAVIA	F- 8	MSBF- 6	00:48:15	00:04:50	00:16:24	00:32:24	TRAN-TRAN	VILAGARCIA
121	37	JOSE PAULOS LOBATO		MSBM- 30	00:48:37	00:04:52	00:15:57	00:32:04	GALITAR RUNNERS	VILAGARCÍA DE AROUSA
122	58	MANUEL ANTONIO GARCÍA DAPONTE		MSBM- 31	00:48:42	00:04:53	00:15:58	00:32:25	AFICIONADO	VILAGARCÍA DE AROUSA
123	59	ELPIDIO COSTA BOUZAS		MSBM- 32	00:48:43	00:04:53	00:15:58	00:32:25	AMEIXA ROCK	VILAGARCÍA DE AROUSA
124	46	JOSÉ LUIS PADÍN COUSIDO		MSCM- 14	00:48:51	00:04:54	00:15:44	00:32:26	C.A. CAMBADOS - SEGUROS NOVAL	SANXENXO
125	23	GABRIEL CAMACHO CASCAJO		MSBM- 33	00:49:01	00:04:55	00:16:12	00:32:43		O PORRIÑO
126	24	NURIA MEJUTO	F- 9	SNF- 2	00:49:03	00:04:55	00:15:38	00:32:15		SANTIAGO
127	25	MERCEDES PAZ VALLE	F- 10	MSBF- 7	00:49:05	00:04:55	00:15:55	00:32:32		PONTEVEDRA
128	19	ANXO LUCES VÁZQUEZ		SNM- 26	00:49:50	00:04:59	00:16:03	00:32:57	SERRES RUNNERS	MUROS
129	33	FRANCISCO MARTINEZ GOMEZ		MSBM- 34	00:49:50	00:04:59	00:16:11	00:32:53	GALLEUSKA KORRIKOLARI ELKARTEA	VIGO
130	27	SANTIAGO RODILLA GUERRICAGOITIA		MSCM- 15	00:49:52	00:05:00	00:16:43	00:33:26	PONTE A CORRER	PONTEVEDRA
131	55	MIGUEL ÁNGEL BREA LÓPEZ		MSBM- 35	00:49:59	00:05:00	00:15:53	00:32:52		VILA DE CRUCES
132	48	SUSANA NIETO PAZOS	F- 11	MSAF- 2	00:50:03	00:05:01	00:16:16	00:33:14	AG-2024640	AMES
133	44	MIGUEL GARCIA CUERVO		MSBM- 36	00:51:10	00:05:07	00:16:41	00:33:59	PONTE A CORRER	PONTEVEDRA
134	13	JACINTO CRESPO GONZALES		SNM- 27	00:51:15	00:05:08	00:16:09	00:33:15		REDONDELA
135	1	JOSE CERQUEIRO CONDE		MSCM- 16	00:51:48	00:05:11	00:16:37	00:34:03		SANTIAGO
136	95	JOSE BARROS FERNÁNDEZ		MSBM- 37	00:52:00	00:05:12	00:16:14	00:33:58		CALDAS DE REIS
137	203	FÉLIX REBOLLIDO FERNÁNDEZ		MSAM- 43	00:52:00	00:05:12	00:16:32	00:34:06	SERRES RUNNERS	MUROS
138	8	MARIA CARMEN LEMA DEVESA	F- 12	MSCF- 1	00:52:08	00:05:13	00:16:53	00:34:10		A CORUÑA
139	15	LUIS CANDA TABOADA		MSAM- 44	00:52:08	00:05:13	00:16:46	00:34:18		BOTOS, LALÍN
140	14	ANA BUSTO SANTALLA	F- 13	SNF- 3	00:52:20	00:05:14	00:17:12	00:34:40		VALGA
141	11	ELISA BOULLOSA BERNARDEZ	F- 14	SNF- 4	00:52:34	00:05:16	00:17:27	00:34:52		PADRÓN
142	84	MARIA CARREGAL SOMME	F- 15	SUB20/23F- 1	00:52:43	00:05:17	00:17:04	00:35:31	CLUB LA MOCHILA DEL DEPORTE	LA CORUÑA
143	30	PAULA GONZÁLEZ PAZOS	F- 16	MSAF- 3	00:53:16	00:05:20	00:16:57	00:35:07	CLUBE ATLETISMO FENE	FENE
144	22	IAGO ORGE VALVERDE		MSAM- 45	00:53:25	00:05:21	00:17:13	00:35:10		VIGO
145	31	LUCÍA VÁZQUEZ SESAR	F- 17	SNF- 5	00:53:27	00:05:21	00:18:06	00:36:24	COMANDO NORTE	CULLEREDO
146	20	MARIA DEL MAR BARCON SANCHEZ	F- 18	MSCF- 2	00:53:33	00:05:22	00:17:36	00:35:26	AG2026204 LA MOCHILA DEL DEPORTE	A CORUÑA
147	40	SONIA OUTOMURO MORALES	F- 19	MSAF- 4	00:53:33	00:05:22	00:17:32	00:35:41		VIGO
148	34	FERNANDO BLANCO SILVA		MSBM- 38	00:53:38	00:05:22	00:16:56	00:34:59	C.A.B.E.	SANTIAGO DE COMPOSTELA
149	90	PAULA CARREGAL SOMME	F- 20	SNF- 6	00:53:44	00:05:23	00:17:02	00:35:29	CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
150	9	NATALIA FERREIRÓS MARTÍNEZ	F- 21	SNF- 7	00:54:44	00:05:29	00:18:26	00:36:57		VALGA
151	60	ROSI SERANTES	F- 22	MSAF- 5	00:55:22	00:05:33	00:17:52	00:36:34	SUDA CON ESTILO	VILLAGARCIA DE AROSA
152	17	FRANCISCO ABUÍN GARCIA		MSBM- 39	00:55:45	00:05:35	00:17:58	00:36:46		SANTIAGO DE COMPOSTELA
153	5	IVAN COELLO CAMIÑA		SNM- 28	00:55:51	00:05:36	00:18:01	00:36:29		TUI
154	21	SUSANA SOMME LOPEZ	F- 23	MSBF- 8	00:56:41	00:05:41	00:18:17	00:37:27	CLUB LA MOCHILA DEL DEPORTE	A CORUÑA

155	102 JESUS CABO SOUTO		MSBM- 40	00:57:19	00:05:44	00:16:31	00:36:00	SD COMPOSTELA ATLETISMO	SANTIAGO
156	18 FRANCISCO ROMAN DOMINGUEZ RECUNA		MSBM- 41	00:57:33	00:05:46	00:18:29	00:37:56	TRAN TRAN	VILAGARCIA DE AROUSA
157	81 ANA MOURE COBOS	F- 24	MSAF- 6	00:57:40	00:05:46	00:19:49	00:39:03	CLUB NATACION VILAGARCIA	VILAGARCIA DE AROUSA
158	3 EVA ARINES SUAREZ	F- 25	SNF- 8	00:57:41	00:05:47	00:17:15	00:36:39	TRIATLÓN VILAGARCÍA	VILAGARCÍA DE AROUSA
159	4 CLARA ARINES SUAREZ	F- 26	SNF- 9	00:58:21	00:05:51	00:17:16	00:37:35	TRIATLÓN VILAGARCÍA	VILAGARCÍA DE AROUSA
160	7 FÁTIMA MARÍA MOYANO DE BEÇA	F- 27	MSBF- 9	01:00:21	00:06:03	00:19:48	00:40:21		O PORRIÑO
161	78 JOSE LUIS VAZQUEZ GUERRA		MSCM- 17	01:01:14	00:06:08	00:19:25	00:40:16	TRAN TRAN	VILAGARCIA DE AROUSA
162	6 NOEMI FERNANDEZ TEIJEIRO	F- 28	MSAF- 7	01:05:29	00:06:33	00:20:04	00:42:21		O PORRIÑO